



Working Group for Mediterranean Wushu

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# GENERAL INFORMATION

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*FIRST MEDITERRANEAN LIGHT SANDA TOURNAMENT*

*ATHENS, GREECE*

*DECEMBER 1 – DECEMBER 3, 2017*

# THE FIRST MEDITERRANEAN LIGHT SANDA TOURNAMENT

## COMPETITION GENERAL INFORMATION

### DATE & PLACE

The First Mediterranean Light Sanda Tournament will take place between December 1 and 3, 2017 in Athens, Greece.

### QUALIFICATIONS

Those eligible to participate are National Mediterranean Teams from IWUF member countries that are members of the International Committee of Mediterranean Games:

- Africa (*Algeria, Egypt, Libya, Morocco and Tunisia*);
- Asia (*Lebanon and Syria*);
- Europe (*Albania, Andorra, Bosnia and Herzegovina, Croatia, Cyprus, Former Yugoslav Republic of Macedonia, France, Greece, Italy, Malta, Monaco, Montenegro, San Marino, Serbia, Slovenia, Spain and Turkey*).

Other National Federations could be allowed to participate to the First Mediterranean Light Sanda Tournament only with the authorization of the Working Group for Mediterranean Wushu.

Each participating country may at most submit one (1) team.

Each participating country's team is limited to a total of (23) people, which comprises of the following:

- One (1) team leader;
- One (1) coach;
- One (1) doctor;
- Up to two (2) judges;
- Eighteen (18) athletes (seven female athletes and eleven male athletes, who were born between January 1, 1999 – December 31, 2003; maximum one athlete per medaling Light Sanda event);

Each Light Sanda competitor should bring along with them a valid health certificate (including electroencephalogram – EEG, electrocardiogram – ECG, pulse and blood pressure) issued within 30 days prior to the beginning of the competition signed by a qualified doctor and a Life Accidental Injury Insurance Certificate. All competitors are required to submit a completed and signed waiver of liabilities form.

### COMPETITION EVENTS

Each team will consist of up to 18 (eighteen) athletes (seven female athletes and eleven male athletes) that will compete in the following categories (maximum one athlete per medaling Light Sanda event):

- a. Men's divisions (11 events):
  - i. 48 Kg;
  - ii. 52 Kg;
  - iii. 56 Kg;
  - iv. 60 Kg;
  - v. 65 Kg;

- vi. 70 Kg;
  - vii. 75 Kg;
  - viii. 80 Kg;
  - ix. 85 Kg;
  - x. 90 Kg;
  - xi. 90 Kg +
- b. Women's division (7 events):
- i. 48 Kg;
  - ii. 52 Kg;
  - iii. 56 Kg;
  - iv. 60 Kg;
  - v. 65 Kg;
  - vi. 70 Kg;
  - vii. 75 Kg.

The system of competition will be based on individual matches under the knock out system.

#### **ENTRIES**

All final entries must reach the organizing committee and the IWUF Secretariat no later than 24:00 (Eastern European Time – EET) November 6, 2017. These must be sent by email to the below addresses:

Hellenic Wushu Federation: [meditwushuioannis@yahoo.com](mailto:meditwushuioannis@yahoo.com),

[board@wushu.org.gr](mailto:board@wushu.org.gr),

IWUF Secretariat: [events@iwuf.org](mailto:events@iwuf.org)

#### **ARRIVAL AND REGISTRATION**

All participating teams and technical officials are required to arrive at the designated registration booth and register with the Organizing Committee on December 1, 2017. Arrival after the designated time may result in disqualification of the participant in question.

Any entry not duly confirmed at the Technical Meeting, will not be taken into consideration except for force majeure.

#### **TECHNICAL MEETING**

The Technical Meeting for team leader and coaches will take place at the designated place on December 1, 2017 in the afternoon during which all matters related to the competition will be announced.

#### **DRAWING – LOTS CEREMONY**

The drawing – lots will be conducted following the weighing – in on December 2, 2017.

#### **WEIGHING – IN**

The weighing – in will take place at 07:00 on December 2, 2017.

#### **PLACING AND AWARDS**

- Individual
  - 1<sup>st</sup> place Gold Medal;
  - 2<sup>nd</sup> place Silver Medal;
  - 3<sup>rd</sup> place (juxtaposition) Bronze Medal.

## FINANCIAL CONDITIONS

The international airfare and related travel expenses, as well as accommodation/participation fees of all participants (athletes, judges and team officials) shall be borne by the teams themselves.

## ACCOMMODATION

The official hotel to be used is :

**President Hotel Athens 4 star** [president.hotelsathens.org](http://president.hotelsathens.org)

Accommodation will be based on a “per person per day” for one person in a single room, two people in a double room and three people sharing a three bed room.

Breakfast, lunch, dinner and transportation are included in the price. Lunch will be provided in the stadium.

### Costs :

**Single Room** : 77,00 euro per person per day

**Double Room** : 60,00 euro per person per day

**Three Bed Room** : 55,00 euro per person per day

Any extra costs associated with rooms (mini-bar, sauna etc.) shall be the responsibility of the individual.

Only official hotel will be used. Participants shall be required to use the official hotel as a condition of participation for the reason that we have already booked the hotel rooms.

## PAYMENT

The participating team are requested to deposit of 120,00 euro/per person and submit the copies of payment to the Organizing Committee by email :

Hellenic Wushu Federation: [meditwushuioannis@yahoo.com](mailto:meditwushuioannis@yahoo.com)  
[board@wushu.org.gr](mailto:board@wushu.org.gr)

## BANK INFORMATION

**Bank name** : ALPHA BANK

**Account Name** : LEONTARIS IOANNIS

**Account Number:** 7002101264173

**IBAN** : GR2701401270127002101264173

## DOPING CONTROL

Doping control could be conducted during the First Mediterranean Light Sanda Tournament according to the requirements of the International Wushu Federation and the World Anti – Doping Agency.

## LIGHT SANDA COMPETITION METHODS

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the 2017 edition the “Wushu Sanda Competition Rules & Judging Method”, with the following amendments:

- Kicks to the head as well as successive/continuous punches to the head are not permitted.
- Force of strikes is deemed reasonable at less than 30% of potential power for any category, more than that will be considered excessive and will lead to

private or public warnings and/or disqualification (with or without prior warning). The determination as to how much force was used in any attack shall be the responsibility of the Referee and the Head Judge.

- The following techniques are strictly prohibited: any throw that is likely to cause serious injury (e.g.: neck, stomach and shoulder high throws). Throws which cause a contestant to land awkwardly on a vulnerable part of the anatomy (head, neck, spine, shoulder, knee or other joint etc...). Throws with a falling height from above the attacker’s chest level.
- The duration of each round shall be 1 minute and 30 seconds with a 1 minute rest interval between rounds.
- Shin and instep guards are permitted.
- Knock – out is not permitted. A disqualification applies automatically if a contestant has knocked – out the opponent.

**LIGHT SANDA COSTUMES AND EQUIPMENT**

Competitors shall wear costumes and protective gear in compliance with the “Wushu Sanda Competition Rules & Judging Method” to participate in the competition.

Each competitor is required to possess two (2) sets of competition costumes: one set in blue and one set in red. Each competitor is required to possess his or her own mouth guard, jockstrap, shin and instep guard. The Organizing Committee will provide gloves and other protective equipment.

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**GENERAL PROGRAM**

DATE	TIME	CONTENT	VENUE
December 1	Morning	Teams Arrival & Registration	TBA
		Technical Officials Arrival & Registration	
	Afternoon	Team Training	
	Evening	Judges’ Refresher Course	
	Afternoon	Technical Meeting	
December 2	Morning	Qingda Weigh-In	
		Drawing of Lots	
	Afternoon	Light Sanda Competition	
December 3	Whole Day	Light Sanda Competition	
		Light Sanda Competition	
December 4	Whole Day	Departure	